

Dig Deep: Discover what matters most

First, watch
this week's
video!

Wisdom:
finding out
what you
should do
and doing it

Memory Verse

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."
James 1:5, NIV

Bible Story

Renew Your Mind
Romans 12:2

Key Question

How are you
wiser than you
used to be?

Activity

Imagination Station

What You Need:

Paper and art supplies (*optional*)

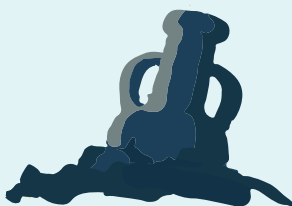
What You Do:

Ask your child to sit down and close their eyes.

Say, "Imagine any animal. Now, imagine that animal is purple . . . and it has stripes—orange stripes. Now, imagine that purple animal with orange stripes drinking a big glass of chocolate milk using a bright pink straw. You can open your eyes now."

Next, say, "Okay. Now I'm going to close my eyes. It's your turn to tell me what type and color of animal to imagine."

Allow your child to describe an animal. It should be a unique color and be eating or drinking something silly. If they fail to describe it in detail, ask questions. If there's time, take turns sketching and coloring the animals you were imagining.



Talk About the Bible Story

How did we transform our thoughts today? (*by imagining something in a new way*)

According to Romans 12:2, we can live God's way when we transform or completely change our thinking. What are some ways we can do that? (*reading the Bible, praying, talking to others about God, asking questions*)

How do you know if you're growing in wisdom? (*you're consistently making wise choices*)

How are you wiser now than you were five years ago? What are some things that helped you grow in wisdom?

How do you think you'll be wiser in 10 years? What types of decisions do you think you'll be able to make?

Parent: Share a way that you may have transformed your thoughts lately. Are you working on complaining less? Being more thoughtful with your words around your friends? Choosing to interact with kindness on social media?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, it's amazing how You give us Your wisdom when we need it. Help us continue to grow in Your wisdom. Help us to make wise choices, to know Your Word, and to follow the ways Jesus taught us to live. Show us how we can keep transforming and changing our thinking so we can live with Your wisdom every day. In Jesus' name we pray, amen."