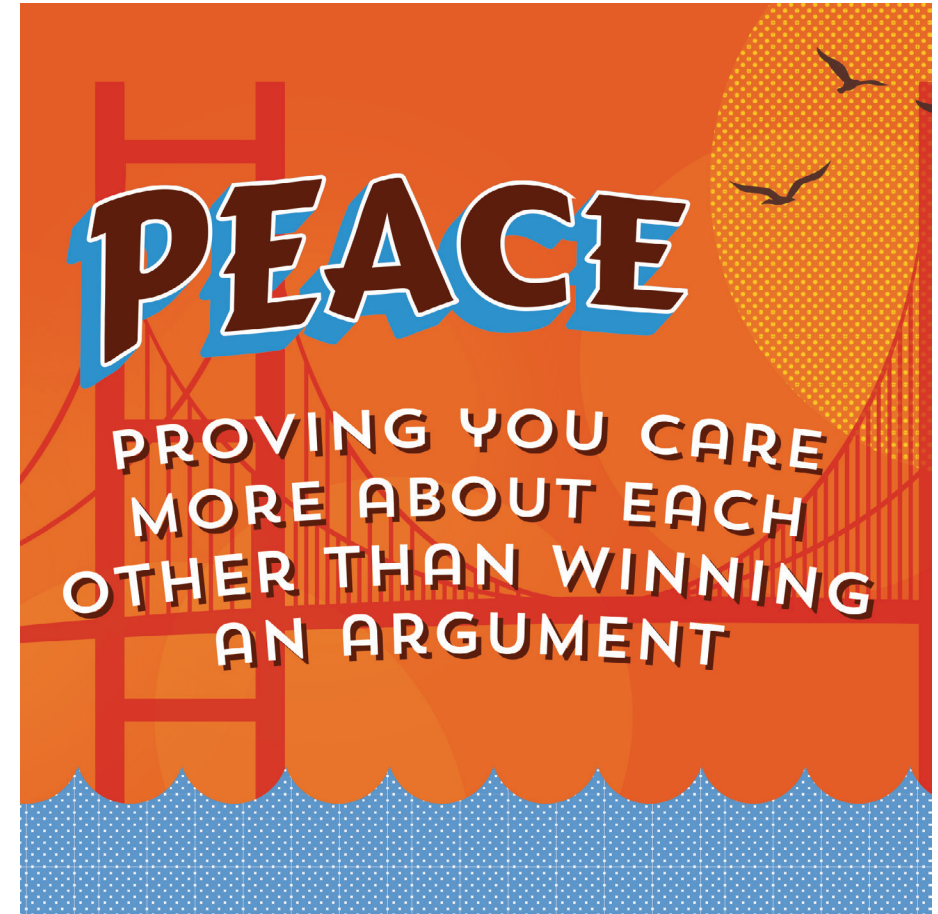




WHO
do you need to make peace with?

[illegible]

**Even if you already saw it at church,
feel free to check it out again!**

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____

Day 2

Read Colossians 3:15

As you read Colossians 3:15, come up with motions for the verse to help you memorize it, like the peace sign for 'peace,' placing a pretend crown on your head for 'rules,' your hand over your heart for 'heart,' etc.

Repeat the verse in front of the mirror a few times using your motions. For bonus points, start each day this week by repeating the verse with motions, reminding yourself that you can make peace with others.



Day 3

From time to time, we all have people that we struggle to get along with.

Whether it's a sibling, a friend, or a teammate or classmate that you don't see eye to eye with, it may feel impossible to make peace. The great news is that you're not in this alone! As Paul reminds us in Colossians 3:15, the peace we can offer to others is given to us by Jesus. All we need to do is ask Him for help, and we can make peace with others. Take a minute to think about who you might need to make peace with, and then personalize this prayer out loud to ask God for help.

"Dear God, thank You for making peace with us so that we can make peace with others. I know I can make peace with _____ even though _____ because _____ Jesus offers peace to me. Please help me to take steps this week toward making peace with _____. Show me how I can do that, and give me the courage and strength to follow through. In Jesus' Name, I pray. amen."

Day 4

We can make peace with others.

Sometimes making peace with others involves apologizing or giving up something. Sometimes it looks like reaching out to be encouraging or kind. And sometimes you may not know the best way to make peace, you just know you should.

Today, go and find a friend you trust and talk to them about ways you can make peace with the person you prayed about yesterday. Brainstorm together how you can reach out and offer peace.

If you get stuck, try going on a walk together or grab some paper and doodle while you talk. Moving your body or doodling can help you focus and unleash your creativity!



Day 5

Who do you need to make peace with?

Today, take one step toward making peace with the person you know you need to make peace with. What would that look like? Think back to the conversation you had yesterday for ideas. If you're currently in an argument with this person, it could be finding them to apologize. Or if it's someone you just generally struggle to get along with, you could send them a nice text (funny memes are always a win!) or write them an encouraging note.

It's not always easy to be the person who takes the first step toward making peace with others, but the end result is worth it! You might say peace is worth fighting for.

