

Real Prayer

Hey, God?



for Real People

CONFESSION

This series is about using The Lord's prayer from Matthew 6 to help us feel confident and purposeful in our prayer time.

OPENING QUESTIONS - Use this question to connect with others in your group:

What is one of the most embarrassing/funny moments of your childhood? Or if you have children, what's one of theirs?

KEY POINTS - take a minute to review the key points from this weekend's message

1. Confession changes the person you see in the mirror
2. Our greatest need and God's greatest gift are the same thing: forgiveness of sins
3. Confession is essential to receiving God's forgiveness.
4. Confession is asking God to unearth our brokenness and baggage.
5. Healing comes when we confess

SCRIPTURES USED IN THIS MESSAGE: Luke 11:1, Matthew 6:12, 1 John 1:9, James 5:16

RESPOND

Talk about a thought, phrase, or moment from this weekend's message that stuck with you. Give a brief reason for why these things stuck with you.

Mike asked who we see when we look into the mirror: the sum of all our mistakes or someone loved by God? Which one is that for you?

Share an example of when you had to confess something to another person. What emotions do you remember associated with that experience?

Read James 5:16. Why do you think there is healing that comes with confession? What might that healing look like for you?

APPLY

Take time this week to consider if there is something you need to confess to God or someone else.

What might it look like to confess, and what are steps you can take to accomplish it?

PRAY

Take some time to talk to God, asking him to search your heart and ask for forgiveness.