



Dealing With Toxic People

Ben Davis

Three Categories of Negative People

1. Chronically Negative
2. Controllers
3. The Tempter

1 Timothy 6:4-5 "...they are conceited and understand nothing. They have an unhealthy interest in controversies and quarrels about words that result in envy, strife, malicious talk, evil suspicions and constant friction between people."

I cannot control how other people respond.

Ways to Deal with Toxic People

1. Set Healthy Boundaries
2. You need to talk to God more and to toxic people less

Three Words to Remember

1. Jesus
2. Unity
3. Grace